

Scarborough Centre For Health Communities

COVID-19 Emergency Community Support Program

Target Demographic:

1. Seniors, adults living with disabilities, and/or chronic illnesses.
2. Clients that have recently been discharged from hospital or at risk of returning to hospital
3. Individuals in self-isolation with limited access to community support

Community Support Services Offered:

Transportation

Scarborough Ride and Transportation is available for medical appointments, and weekly Shopping trips. Hemodialysis: For individuals receiving dialysis minimally 3 times a week who are not eligible for Wheel Trans and have no family support.

Boundary: North - Steeles, South - Lakeshore, East – Pickering Town Line, West – Victoria Park for Scarborough Ride, Brimley for Hemodialysis

Intake required. Fee for service

Virtual Emotional Support and Counselling

We will provide emotional support and counselling by phone for individuals that are dealing with caregiver stress, grieving, abuse, isolation, and pandemic coping. Our boundary is from Steeles Ave in the North, Pickering Town Line in the East, Lake Ontario in the South and Victoria Park Ave in the West.

Intake required. No fee for service

Medical Clinic

We continue to provide our clients with medical services during the COVID-19 pandemic at select SCHC Centres. We have implemented pandemic preparedness procedures and continue to monitor COVID-19 developments as they arise, with everyone's health and safety in mind.

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Meals on Wheels

Meals on Wheels will continue to deliver frozen meals to people in need of nutritional support during this emergency. Clients may receive meals on a short- or long-term basis, once a week, every Thursday depending on the needs of the individual. Please call and register by Monday before 3pm. Each frozen meal can consist of an Entrée, Soup and Dessert. Entrees may include meat, fish, or poultry with potatoes and vegetables, rice or pasta. We accommodate special diets such as diabetic, low fat, low sodium, minced, vegetarian etc.

Boundary: East of Brimley Rd to Pickering Town Line South of Steeles to the Lake

Frozen MOW Delivery Time: Every Thursday 11:00 a.m. – 2:00 p.m.

Intake required. Fee for service

Home Support Services

The Respite care program provides relief to individuals caring for loved ones. The service includes Personal Support Workers who can provide supervision, medication reminders, personal care, and light housekeeping, shopping and meal preparation.

Boundary: East of Brimley Rd to Pickering Town Line South of Steeles to the Lake

Intake required. Fee for service

Telephone Courtesy Call and Safety Checks

Providing telephone courtesy calls for safety check and social interaction to our clients in our programs.

Intake required. No Fee for service

For more info or to register for Covid-19 services please contact cssintake@schcontario.ca or call **416 847 4134**. For more services please contact SCHC at **416-642-9445** or info@schcontario.ca www.schcontario.ca