

Welcome to the mid-Scarborough Hub

Please note; although our Hub doors are closed we are currently serving people by appointment.

Please review the below documents for more information about our current programs and services.

Mid-Scarborough HUB - PARTNER INFO			
2660 Eglinton Avenue East (Brimley and Eglinton) Phone: 416-642-9445 Ext 7555			
Acquired Brain Injury (ABI) Outreach Team	A multi-disciplinary team of professionals provide support to people with an ABI & their families in order to help them learn new skills, access community resources and optimize their quality of life. Must live in Scarborough, be between ages 16-64 and have an ABI.	416-847-4134	abioutreach@schcontario.ca
Big Brothers Big Sisters (BBBS)	Big Brothers Big Sisters of Toronto is a non-profit organization that provides mentors to children and youth in need of additional positive adult support. Currently providing support online and over the phone.	416-925-8981 Ext. 4100	www.bbbs.com
Fred Victor	Fred Victor is a social service charitable organization that fosters long-lasting and positive change in the lives of homeless and low-income people living across Toronto. Some of their programs and services include: Affordable housing, Emergency shelter, Food access, Job training & counselling, Health information and community services.	Hub office # 416-265-0492	Main office # 416-482-4103 https://www.fredvictor.org/
Toronto Public Health	Free dental services offered to children (0-17 years), parents enrolled in selected Toronto Public Health programs and seniors (65 years and older). Eligibility: You must live in Toronto, You cannot have dental insurance, You are not able to pay for dental care, Services include: Examinations, Fillings, Root canal on selected teeth, Extractions, Partial & full dentures – a fee may be required, Prevention and education, Fluoride treatment, Cleanings, & Sealants.	416-338-3764	Must call for an appointment. Monday to Friday = 8-4pm
Vasantham	A Tamil Seniors Wellness Centre - Health & mental health information, education & referral, elder abuse, domestic violence & addiction counselling, crisis intervention & trauma counselling, concurrent disorders group for people with mental health and addictions issues, gambling counselling, family support group, intergenerational recreation group, social group, community development and capacity building.	416-847-4172	Online groups and events
YMCA	YMCA is a resource centre for employment services and employment counselling. Currently offering support by phone and internet.	416-916-1100	https://ymcagta.org/



Mid-Scarborough HUB - SCHC Departments

Bereavement Support	Offering virtual peer and group support to bereavement care clients. Also provides virtual training to all volunteers.	416-847-4420	https://www.schcontario.ca/schc-bereavement-care.html
Community Health Centre and PAP Clinic	Medical services offered: Physical exams/immunizations, Anonymous HIV/AIDS testing, Counselling and Support Services, Family Planning and Sexual Health. *Priority given to people who do not have a family doctor. https://www.schcontario.ca/schc-community-health-centre.html	416-640-7391	By appointment only.
Diabetes Education & one-on-one counselling and group sessions	Our dynamic team of diabetes educators host a number of informative and supportive diabetes education workshops in various Scarborough communities throughout the year. Workshop topics include self-blood glucose monitoring, foot care, meal planning and physical activity. A physician referral is not required.	(5 dieticians, 5 nurses & 1 social worker) 416-847-4071	By appointment only https://www.schcontario.ca/schc-diabetes-program.html
Hospice Palliative Care	We are dedicated to providing care for individuals & families who are facing life-limiting illness & grief. We offer a variety of services: Links to other community support services (i.e. Meals-on-Wheels, Seniors Health Promotion & Home Support), Caregiver Support & Respite, Palliative Education, Pain & Symptom Management, companionship in the home, Individual & group peer grief & bereavement support.	Volunteer training -Betty Ann 416-847-4418	Palliative Care Coordinator X4440 https://www.schcontario.ca/schc-community-hospice-team.html
Sexual Assault and Domestic Violence Care Centre (SADVCC)	Counselling for victims and survivors of sexual assault and domestic violence at our care centre. Our social workers provide trauma-based therapy to support clients on their journey to recovery. We empower clients to recognize their own self-worth and begin the process of healing in a prompt, professional, and compassionate manner.	416-847-4144 https://www.schcontario.ca/schc-sexual-assault-and-domestic-violence-care-centre.html	By appointment only.
Inter Professional Primary Care (IPPC) team	Provides services to patients in Scarborough who do not have access to an inter-professional team. The IPC Team includes nurse practitioners, registered nurses, social workers, physiotherapists, mental health case workers, harm reduction workers, registered dieticians, foot care nurses and chiropodists. https://www.schcontario.ca/schc-interprofessional-primary-care-team.html	416-847-4165	Ext 4201 and Ext 4202
Volunteer Services	Volunteers have historically played a significant role in our organization and are an integral part of the SCHC family. Our volunteers deliver meals, accompany clients to their medical appointments, participate in major events and provide administrative support.	Lori Beesley 416-847-4127	https://www.schcontario.ca/schc-volunteers.html
Youth Health Promotion and Youth Engagement	Our youth engagement programs provide young people with the information, support and skills required for making healthy lifestyle choices. Through recreational activities, group discussions, informal counselling and educational workshops, our youth are able to contribute to their community while reaching their full potential. **Many programs are being offered virtually.** https://www.schcontario.ca/schc-health--wellness---children--youth.html	Gnanu & Renee X4473	Tamil Youth Outreach Worker, Dilani X4415
SCHC Hospice Psychosocial Spiritual Care Program	Offers carefully planned, collaborative, counselling and supports for individuals facing life limiting illness and their family, friends, and caregivers. https://www.schcontario.ca/schc-psychosocial-spiritual-care-program.html	Coordinator Ext 4438	

