



SCARBOROUGH CENTRE FOR
HEALTHY COMMUNITIES

Deliver a Difference!

Want to make a big impact in the lives of others
in your own community?

Only 2 hours per week is required!

Be a Volunteer for Meals on Wheels



*"The good feelings & rewards
I get back are much
bigger than what I give."
- Meals on Wheels Driver*

To learn more, contact the Coordinator of Volunteer Engagement:
416-847-4127 - or - volunteerprogram@schcontario.ca

