

SCHC's Mid-Scarborough HUB - Services and Programs

2660 Eglinton Avenue East (Brimley and Eglinton) Phone: 416-642-9445 Ext 7555

Please note; although the Hub has temporarily been converted to a vaccine clinic, our partners and SCHC programs are currently serving people virtually, over the phone and/or in-person by appointment.

Mid-Scarborough HUB - Partner information

Big Brothers Big Sisters (BBBS)	Big Brothers Big Sisters of Toronto is a non-profit organization that provides mentors to children and youth in need of additional positive adult support. Currently providing support online and over the phone.	416-925-8981 Ext. 4100	www.bbbst.com
Fred Victor	Fred Victor is a multi-service community-based organization that has assisted people living with significant challenges in Toronto for over 120 years. We work in partnership with people from diverse backgrounds who face poverty, homelessness, mental health issues, addictions, and/or social isolation to address their needs and hopes and advocate for a more equitable society.	Hub office # 416-265-0492	Main office # 416-482-4103 https://www.fredvictor.org/
Toronto Public Health	Free dental services offered to children (0-17 years), parents enrolled in selected Toronto Public Health programs and seniors (65 years and older). Eligibility: You must live in Toronto, You cannot have dental insurance, You are not able to pay for dental care, Services include: Examinations, Fillings, Root canal on selected teeth, Extractions, Partial & full dentures – a fee may be required, Prevention and education, Fluoride treatment, Cleanings, & Sealants.	416-338-3764	Mon, Tue, Thur & Fri = 8-4pm & Wed = 10-6pm
Vasantham	A Tamil Seniors Wellness Centre - Health & mental health information, education & referral, elder abuse, domestic violence & addiction counselling, crisis intervention & trauma counselling, concurrent disorders group for people with mental health and addictions issues, gambling counselling, family support group, intergenerational recreation group, social group, community development and capacity building.	416-847-4172	online, virtual and in-person by appointment
YMCA	YMCA is a resource centre for employment services and employment counselling. https://ymcagta.org/	416-916-1100	https://ymcagta.org/

Mid-Scarborough HUB - SCHC Departments Information

<p>Acquired Brain Injury (ABI) Outreach Team</p>	<p>A multi-disciplinary team of professionals provide support to people with an ABI & their families in order to help them learn new skills, access community resources and optimize their quality of life. Must live in Scarborough, be between ages 16-64 and have an ABI.</p>	<p>416-847-4134</p>	<p>abioutreach@schc.ontario.ca</p>
<p>Bereavement Support</p>	<p>Offering virtual peer and group support to bereavement care clients. Also provides virtual training to all volunteers. Email: BereavementCare@schcontario.ca // Website: https://www.schcontario.ca/schc-bereavement-care.html</p>	<p>416-847-4420</p>	
<p>Community Health Centre</p>	<p>Medical services offered: Physical exams/immunizations, Anonymous HIV/AIDS testing, Counselling and Support Services, Family Planning and Sexual Health. *Priority given to people who do not have a family doctor. https://www.schcontario.ca/schc-community-health-centre.html</p>	<p>416-640-7391</p>	<p>By appointment only</p>
<p>Diabetes Education & one-on-one counselling and group sessions</p>	<p>**Currently located at 520 Ellesmere Avenue. (Between Birchmount Road and Warden Avenue)** Our dynamic team of diabetes educators host a number of informative and supportive diabetes education workshops in various Scarborough communities throughout the year. Workshop topics include self-blood glucose monitoring, foot care, meal planning and physical activity. A physician referral is not required.</p>	<p>(5 dieticians, 5 nurses & 1 social worker) 416-847-4071</p>	<p>By appointment only https://www.schc.ontario.ca/schc-diabetes-program.html</p>
<p>Hospice Palliative Care</p>	<p>We are dedicated to providing care for individuals & families who are facing life-limiting illness & grief. We offer a variety of services: Links to other community support services (i.e. Meals-on-Wheels, Seniors Health Promotion & Home Support), Caregiver Support & Respite, Palliative Education, Pain & Symptom Management, companionship in the home, Individual & group peer grief & bereavement support. https://www.schcontario.ca/schc-community-hospice-team.html</p>	<p>Palliative Care 416-847-4111</p>	<p>Palliative Care Coordinator 416-847-4419</p>

Mid-Scarborough HUB - SCHC Departments Information continued..

<p style="text-align: center;">Sexual Assault and Domestic Violence Care Centre (SADVCC)</p>	<p>**Currently located at 520 Ellesmere Avenue. (Between Birchmount Road and Warden Avenue)** Counselling for victims and survivors of sexual assault and domestic violence at our care centre. Our social workers provide trauma-based therapy to support clients on their journey to recovery. We empower clients to recognize their own self-worth and begin the process of healing in a prompt, professional, and compassionate manner.</p>	<p style="text-align: center;">By appointment only. 416-847-4144</p>	<p style="text-align: center;">https://www.schc-ontario.ca/schc-sexual-assault-and-domestic-violence-care-centre.html</p>
<p style="text-align: center;">Inter Professional Primary Care (IPPC) team</p>	<p>**Currently located at 520 Ellesmere Avenue. (Between Birchmount Road and Warden Avenue)** Provides services to patients in Scarborough who do not have access to an interprofessional team. The IPC Team includes nurse practitioners, registered nurses, social workers, mental health case workers, harm reduction workers, registered dietitians, foot care nurses and chiropractors. https://www.schc-ontario.ca/schc-interprofessional-primary-care-team.html</p>	<p style="text-align: center;">416-847-4165</p>	<p style="text-align: center;">Ext 4201 and Ext 4202</p>
<p style="text-align: center;">Volunteer Services</p>	<p>Volunteers have historically played a significant role in our organization and are an integral part of the SCHC family. Our volunteers deliver meals, accompany clients to their medical appointments, participate in major events and provide administrative support. https://www.schc-ontario.ca/volunteers.html</p>	<p style="text-align: center;">Volunteer Coordinator</p>	<p style="text-align: center;">Lori Beesley 416-847-4127</p>
<p style="text-align: center;">Youth Health Promotion and Youth Engagement</p>	<p>Our youth engagement programs provide young people with the information, support and skills required for making healthy lifestyle choices. Through recreational activities, group discussions, informal counselling and educational workshops, our youth are able to contribute to their community while reaching their full potential. . **Many programs are being offered virtually.** https://www.schc-ontario.ca/schc-health--wellness---children--youth.html</p>	<p style="text-align: center;">Youth Health Promotion team Coordinator: Gnanu 416-847-4473</p>	<p style="text-align: center;">Gnanu 416-847-4473</p>
<p style="text-align: center;">SCHC Hospice Psychosocial Spiritual Care Program</p>	<p>Offers carefully planned, collaborative, counselling and supports for individuals facing life limiting illness and their family, friends, and caregivers. https://www.schc-ontario.ca/schc-psychosocial-spiritual-care-program.html</p>		<p style="text-align: center;">Coordinator 416-847-4438</p>