

HOW DOES COVID-19 SPREAD?

HOW?

The main reason for spreading is from close contact with an infected person when they breathe, talk, cough or sneeze.



WHAT CAN I DO?

Stay 6 feet from others & wear a mask.

HOW?

People are contagious when they are sick & 2 days before they show symptom.



WHAT CAN I DO?

Stay home & self-isolate if you are sick.

HOW?

Respiratory droplets can land on surfaces. The virus can live for hours, but is not easily spread this way.



WHAT CAN I DO?

Clean surfaces & hands often.

HOW?

Spreads easily when there are more people indoors, for a long period of time, with poor airflow.

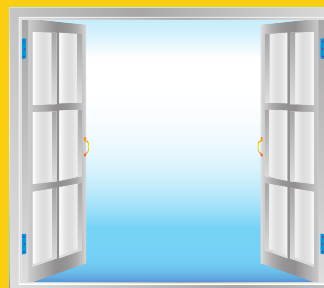


WHAT CAN I DO?

Avoid crowds, keep trips short & wear a mask.

HOW?

Smaller respiratory droplets, called aerosols, can linger in the air before falling to the ground.



WHAT CAN I DO?

Open windows. Increase airflow & ventilation.