

# Hospice PSSCC – Psychosocial Spiritual Care

**Contact: 416-847-4111**

**Psychosocial Spiritual Care  
Coordinator**

Diane Holmlund  
[dholmlund@schcontario.ca](mailto:dholmlund@schcontario.ca)  
416-642-9445 x 4438

## SCOPE OF PSSC CLIENT CARE

- Individual end of life, emotional & spiritual support/counselling for clients on referral
- Supportive care for designated family, friends, caregivers and SDM
- Assistance in facilitating interpersonal communications within family system
- Liaising with client and family's identified faith, cultural leaders and communities
- Referral to appropriate interdisciplinary health practitioners and programs
- Coordination of emotional, social, spiritual and religious volunteer supports
- Assistance and referrals in legacy and memorial planning
- Resource planning & support for active dying & post-death care for individual and family needs
- Immediate bereavement support and referral for follow-up care

August 2018

**Funded by CE-LHIN  
No user fees for service**

## What is PSSCC?

A vital component of Hospice Palliative Care, psychosocial spiritual care provides assessment and carefully planned provision, documentation and referral for clients' emotional, social, and spiritual needs through "a process of actively listening to the client's story" within larger stories around them of family, community, culture or faith identity.

***"Spiritual care is not an optional extra for the dying"***

*~ Dame Cicely Saunders*

The Psychosocial Spiritual Care Coordinator is a regulated health professional delivering non-diagnostic assessment, treatment planning and direct support for clients and their designated care team. This may include family members, caregivers and Substitute Decision Makers. The coordinator also makes referrals and liaises with appropriate community supports to promote interdisciplinary team collaboration and education.

*The act of psychosocial spiritual care assists the client and/or family/caregivers to make meaning from their experiences of life-limiting illness and suffering. The assessment process identifies the client's worldview, belief system, important symbols, metaphors and relationships that provide meaning and explores:*

- an individual's sense of meaning and purpose
- attitudes, beliefs, ideas, values and immediate concerns around life and death
- affirmation of life and worth by encouraging recollection of one's lived history
- hopes and fears regarding the present and future
- integrating immediate concerns within their larger existential questions in relation to life, death and suffering.

(Adapted from CHPCA Spiritual Advisors, 2013, p. 54)

## SCHC General Information



Scarborough Centre for Healthy Communities



@SCHCONT

[ask@schcontario.ca](mailto:ask@schcontario.ca) 416-642-9445



## Who can access this service?

- Anyone over 18 years of age
- Residing in Scarborough
- With a diagnosis of a life-limiting illness

**How to Get Involved  
Volunteering with SCHC**

416-847-4127  
[volunteerprogram@schcontario.ca](mailto:volunteerprogram@schcontario.ca)

 **SCARBOROUGH CENTRE FOR  
HEALTHY COMMUNITIES**