

# Food Bank



## PROGRAM INFORMATION

### Food Bank Hours

Wednesday: 12:30 p.m. – 3:30 p.m.

Thursday: 2:00 p.m. – 4:30 p.m.

Friday: 10:30 a.m. -1:00 p.m.

### Mobility Access\*:

Wednesday 10:00 – 11:00\*

### Food Bank Café Hours

Wednesdays 12:30 – 1:30 pm (Soup & Snacks)

Thursdays (No Café Program)

Fridays 10:30 – 1:00 pm (Snacks)

### Hot Lunch

Thursdays 11:30 a.m. - 12:30 p.m.

### Free Meals & Snacks

Free meals & snacks are available at different times throughout the week and are open to all members of the community.

\*Please call for more information

## PROGRAM CONTACT INFO

Email: [foodbank@schcontario.ca](mailto:foodbank@schcontario.ca)

Phone: 416-642-9445 ext. 4147

## ELIGIBILITY

**Registration & Access:** Clients register during program times and self-select how often they access each month however, no more than one visit each week.

**Eligibility:** Open to community members who self-identify as having a low-income.

**Documentation:** None required however, clients should be prepared to answer some questions at intake and may be asked to provide supporting documents.

**Catchment Area:** Markham Road to Port Union, 401 to Lake Ontario. \*So long as clients are not accessing other DBFB members, they are welcome to come here.

## SERVICES

The food bank allows clients to select food items based on the size and individual needs of their family. The food bank café and hot lunch programs offer clients the opportunity to enjoy food in a communal setting.

## LOCATIONS

The Food Bank is located at 4100 Lawrence Ave. E., near the corner of Lawrence Ave. E. and Galloway Rd.

## VOLUNTEERING WITH SCHC

Contact the Coordinator of Volunteer Engagement

416-847-4127 OR

[volunteersupport@schcontario.ca](mailto:volunteersupport@schcontario.ca)

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[info@schcontario.ca](mailto:info@schcontario.ca) [www.schcontario.ca](http://www.schcontario.ca)