

# Palliative System Navigation



## What is the Palliative System Navigation team?

The team consists of an RPN Intake Nurse, RN Palliative System Navigators and a Palliative Provider Outreach Team (physician, homecare coordinator and service providers). Our centralized service links patients to palliative services across the continuum. We work with community partners like the CE LHIN Home and Community Care.

Hospice Palliative Care is a philosophy of care that informs how we work with people who are diagnosed with a progressive, life limiting illness. Hospice palliative care is a continuum of services that aims to relieve pain and suffering and works to support the best possible quality of life until the end of life.

## What is a Palliative System Navigator?

The Palliative System Navigator is a registered professional with specialized knowledge in palliative care. The Navigator:

- Allows the patient to seamlessly transition between healthcare settings.
- Connects with the MRP (most responsible physician) or assists in finding physician support.
- Educates families regarding symptom management, crisis intervention and over all support with the goal of helping families keep a loved one safe and comfortable at home or in the care setting of their choice.

## Hospice Palliative Care and Bereavement Care Services

System Navigators will also link individuals and families to existing services within SCHC. We provide a suite of services addressing the physical, emotional, mental, social, and spiritual needs of individuals and families facing a life limiting illness, death and/or bereavement.

Staff and professionally trained volunteers provide non-medical care to people at home who have been diagnosed with a life threatening illness. We also offer a day hospice, caregiver support and peer-led mutual support bereavement groups and other services for caregivers and families.

## CONTACT

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### RN System Navigators

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## ELIGIBILITY

Residents of Scarborough who have been diagnosed with a progressive, life limiting illness.

Self and community referrals accepted. All referrals will be assessed for eligibility and linked to appropriate services.

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