

Congregate Dining

SCHC General Information



Scarborough Centre for Healthy Communities



@SCHCONT

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CONTACT US!



Registration & Information:

cssintake@schcontario.ca

416-847-4134



Program Team:

congregatedining@schcontario.ca

Fees vary please contact us for rates.

What is Congregate Dining?

Our congregate dining program is a great way for seniors to enjoy a nutritious, well-balanced meal as well as a number of stimulating and/or educational activities in a friendly and positive social environment.

We offer congregate dining opportunities three times a week. Every few weeks, however, we host a larger special/themed dining event for our congregate dining clients.

We are always looking for volunteers who would like to assist with planning congregate dining sessions and/or running educational sessions at our congregate dining events. Please connect with us if this interests you!

Eligibility & Catchment

Active individuals over the age of 55 with limited social interaction.

Catchment Area: North- Steeles, East – Pickering Town line, South- Lakeshore, West –Victoria Park.

Transportation is available, but clients must be able to safely enter/exit the vehicle.

How to Get Involved
Volunteering with SCHC

416-847-4127

volunteerprogram@schcontario.ca

