

CHILD YOUTH HEALTH PROMOTION HUB MID SCARBOROUGH

healthpromotion@schcontario.ca



PROGRAM INFORMATION

MSYL: Youth-led council planning and facilitating all programs, initiatives and events

GLTR: Female-identifying youth support group

Deep Talks: Male-identifying youth support group

CHEF: Health and nutrition focused cooking classes

Neighbourhood Games: Youth-led recreational games and activities

SERVICES

Mind and Spirit Youth Leadership (MSYL) engages children and youth in holistic health-based interactive workshops, community events, initiatives, leadership training and team building.

LOCATIONS

The Hub Mid Scarborough
2660 Eglinton Ave East (at Brimley)
Scarborough ON M1K 2S3

PROGRAM CONTACT INFO

416-642-9445x4473 | Instagram: @EKHO416
<https://www.schcontario.ca/orf>

ELIGIBILITY

All programs are FREE
Children ages 6-12
Youth ages 13-24

VOLUNTEERING WITH SCHC

Contact the Coordinator of
Volunteer Engagement

416-847-4127

OR

volunteersupport@schcontario.ca

CONTACT SCHC 416-642-9445

info@schcontario.ca

www.schcontario.ca

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