

If you have any questions about a session or need more information on a topic please reach out to us at astephen@schcontario.ca
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Title	Date of recording
Being an advocate for someone you care about in the health care system With Jan Haskings-winner and Sangeetha Navaratnam.	
Home Safety and Assistive Devices With Archana Bhuvitharan , OT Reg.	September 2021
Advance Care Planning With Megan Rochford RSW, MSW	August 2021
Mindful Eating for Caregivers New Year Theme With a dietitian and food demo	January 2021
Celebrating Special Occasions With Alzheimer Society Toronto RSW	December 2020
Cultivating an Attitude of Gratitude in Caregiving With Brenda Davie care coordinator	October 2020
Memorable and Meaningful Moments in Dementia With Chantel Costa Recreation Therapist	September 2020
Mindfulness for Caregivers With Ekta Hattangady RSW, MSW	July 2020
Emotional Wellbeing and Caregiver Coping during Covid-19 With Erin Hawker-Budlovsky RSW, MSW	June 2020
Safe and Savvy webinar: Strategies and tools to support a person with dementia to live better at home With Ron Beleno	May 2020
Re-Approaching Behaviours in Dementia With Joanne Tandoc	May 2020
Caregiver Wellness during Unprecedented Times With Joanne Tandoc	April 2020