

Food Bank

SCHC General Information



Scarborough Centre for Healthy Communities



@SCHCONT

ask@schcontario.ca 416-642-9445

Contact:

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Donations to the food bank
are always accepted and
greatly appreciated!

The Food Bank is located at 4100 Lawrence Ave. E., near
the corner of Lawrence Ave. E. and Galloway Rd.
There are no user fees.

How do I access the Food Bank?

Registration & Access: Clients register during program times and self-select how often they access each month however, no more than one visit each week.

Eligibility: Open to community members who self-identify as having a low-income.

Documentation: None required however, clients should be prepared to answer some questions at intake and may be asked to provide supporting documents.

Catchment Area: Markham Road to Port Union, 401 to Lake Ontario. *So long as clients are not accessing other DBFB members, they are welcome to come here.

Free Hot Meals

Free hot meals are available at different times throughout the week and are open to all members of the community. Simply drop in and enjoy!

Food Bank Café Hours

Wednesdays 12:30-2:00 p.m. (hot meal)

Thursdays 2:00-3:00 p.m. (hot soup)

Fridays 10:30-12:00 p.m. (hot breakfast)

Hot Lunch

Thursdays 11:30 a.m. - 12:30 p.m.

Food Bank Hours

Wednesday:
12:30 p.m. – 3:30 p.m.

Thursday:
2:00 p.m. – 4:30 p.m.

Friday:
10:30 a.m. – 1:00 p.m.

Mobility Access:
Wednesday 10:00 – 11:00*

*Please call for more information

How to Get Involved Volunteering with SCHC

416-847-4127

volunteersupport@schcontario.ca

